



Soni Parsons

Acrylic paint/mixed media

I started painting as a release. I continue painting because someone believed in me. I am an acrylic painter and mixed media artist. I have studied under some of the best, both locally and nationally. I have a BS in Education from the University of Science and Arts of Oklahoma and a Masters in Human Relations from the University of Oklahoma.

I am a Licensed Professional Counselor and a Registered Art Therapist with a private practice. I also work as an adjunct professor at the University of Oklahoma. I am a member of Oklahoma Visual Arts Coalition- OVAC, Individual Artists of Oklahoma- IAO, Norman Art Association and the Art Therapy Association of Oklahoma –ATAO. I have shown my works in several shows and galleries in Oklahoma, including a showing with collaborative group works of 10 Oklahoma artists and Unsolved History at the Oklahoma History Center.

I use art as a way of coping with life. In each work of art goes a little piece of my heart & soul. It's more than just paint and canvas. It's filled with emotions, stress and sometimes even tears. I know where I was physically, as well as emotionally, when I created each one. My art is filled with joy, sorrow, anger, rage and secrets.

Each piece is a roadmap thru the journey of my life. To put a price on it is hard and to let them go is even harder. When you connect with my artwork, you are connecting with me on a different level. I have let you share in a private moment that has touched me so deeply, that it couldn't be contained within my being. This moment needed to be shared, for whatever reason, so that it might live on in a different plane. Works of art connecting souls...

-Soni